



## Product Specification

Printed for 1571 FAM (W) THIN SPINACH QUICHE



Entry Date : 23/09/2019

Issue No : 2

Printed Date : 1/07/2020

Authorised By : Abbey

### Product Name:

FAM (W) THIN SPINACH QUICHE

### Raw Ingredients:

Egg ((100% Australian))	Water ((100% Australian))
Wheat Flour (Vitamin(Thiamine, Folate), (99% Australian))	Shortening (Vegetable Oils, Antioxidant(306(Soy)))
Milk Powder	Onion
Cream Fresh (Cream, Halal Gelatine, (100% Australian))	Pastry Relaxer (Milk Solids, Salt, Raising Agents(450, 500, 920), Wheat Starch, Wheat Flour, Emulsifier(481), Soy Flour, Preservative(223), (77% Australian))
Spinach ((100% Australian))	Pepper
Cheese (Milk, Salt, Rennet(Non Animal)Cultures)	Parsley ((100% Australian))

### Dimensions:

Height: 35 x Diameter: 200

### Packaging:

Shrink Wrap

### Shelf Life:

The shelf life is 4 days

### Store Conditions:

Keep Refrigerated

### Direction for Use:

Heat to above 65deg C and serve



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### Nutrition Information:

Servings per package : 6

Serving Size : 116 gm

Quantity Per Serving : 1

Quantity Per 100 gm : 0.8621

	per Serving	Per 100 gm	% Daily Value*
Calories	466.00	402.00	23 %
Calories Fat	279.00	241.00	
Energy (kJ)	2020.46	1741.77	
Protein	17.65	15.22	35 %
Fat - Total	31.05	26.77	48 %
- Saturated	18.50	15.95	93 %
- Trans Fatty Acid	-	-	
Carbohydrate - Total	28.96	24.97	10 %
- Sugars	9.76	8.41	
Sodium (mg)	658.90	568.01	27 %
Dietary Fibre (gm)	-	-	0 %

\*Percentage Daily Values are based on 2000 calorie diet.  
Your values may be higher or lower depending on your calorie needs.

### Allergens:

Eggs, Milk, Soy, Wheat

### GMO Status:

To our knowledge and information this product has not been derived from genetically modified ingredients.



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Country Of Origin:
Made in Australia
From Ingredients Sourced from
66.1 % 100% Australian
16.9 % 100% Imported
16.1 % 99% Local & 1% Imported
1.0 % 77% Local & 23% Imported
0.0 %